**Medicinal Plant Poster Assignment 18pts due:**

**Minimum Requirements:**

1. Name of plant – common name and scientific name
2. Image of plant - Drawing/photo
3. Habitat: What type of habitat this plant normally exists in. What region in BC can it be found?
4. Healing properties: What ailment is it used to treat? What symptoms does it alleviate?
5. How is it prepared? Consume (eat raw, make a tea, chew leaves, rub on skin, make a poultice)
6. What cautions to be aware of when taking this plant.

**Extra:**

1. Has any extract been made into commercial use?
2. History – from what group of people (in Canada) did the knowledge of the plants healing properties come from?

This is a poster so you will have to be concise (no long paragraphs) Good use of space (Images should be at least ¼ of space)

Marking System:

|  |  |  |
| --- | --- | --- |
| Criteria | Possible marks | Your mark |
| All necessary content included | 12 |  |
| Neat | 2 |  |
| Concise | 2 |  |
| Good use of Colour and Space | 2 |  |

Links:

<https://www.odishafdc.com/products_medicinal_plants.php>

<https://themysteriousworld.com/top-15-most-powerful-medicinal-plants/>

<http://www.thecanadianencyclopedia.ca/en/article/plants-native-use>

Circle your Plant from the list below:

1. Trembling Aspen
2. Cattails
3. Lichen
4. Rosehips
5. Flea bane
6. Female sage
7. Hawthorn
8. Stinging nettles
9. Plantain
10. Yarrow
11. Creeping juniper
12. Pineapple weed (chamomile)
13. Manitoba maple
14. Willow bark
15. Saint John’s Wort
16. Hellebore
17. Valarian Root
18. Pacific Yew
19. Lavender
20. Chamomile
21. Old Man’s Beard Lichen
22. Devil’s Club
23. Red Cedar
24. Biscuit Root
25. Mushrooms
26. Berries