Food Allergies

**Summary:**

People can be allergic to any food, but some allergies are more common than others.

To learn more about food allergens and how to prevent reactions research and report on a food allergy of your choice.

Common allergens include:

* Eggs
* Milk
* Tree Nuts
* Sulphites
* Seafood
* Wheat
* Soy

**Project Timing:**

This project should take the average student 1-2 hours to complete.

**Materials:**

* Computer and internet access
* Power Point or a web based presentation tool such as Google Slides or Prezzie.

**Criteria**

Create an electronic presentation that includes the following information about the food allergen:

* + Food sources
  + Non-food sources
  + Other names
  + Emergency Treatment
  + Consideration when dining out

**Project Submission:**

Once you have completed your project, upload it to the **Health Science** project drop box.